

# Carey High School

## 24th BLUE DEVIL RELAYS

March 30, 2024

Arlington, Calvert, Carey, Gibsonburg, Hopewell-Loudon,  
North Baltimore, Riverdale, Upper Sandusky

Starting times: 10am field events    11:30am running events

Ryan Pratt, Carey's girls head Coach

Rick Baldridge, Carey's boys head Coach

Again, this year we will be using the Baumspage online entry system. The entry window will open on **March 20th** at 7:00 am and the window will close on **March 28th** at 4:00 pm. **Coaches** when entering the Freshmen mile race use the event 1600 meter 9<sup>th</sup> and when entering the **Freshmen Sprint Medley** use 9<sup>th</sup> Sprint Medley. The Mile races are 30 feet 9 inches longer than a 1600-meter race.

**All Buses** please pull into the **west entrance** next to the bus garage (look for signs) then turn south and drive toward the open gate and park south of the garage (look for orange cones).. Coaches you can go into the track side of the **field house** and make changes to your entries.

1. Coaches meeting at 9:15 am in the field house at the northwest corner of the track.
2. Long Jump, Triple Jump, shot, discus participants will each be given 4 attempts each, no finals.
3. High jump and pole vault have priority over other field events.
4. **10:00-** girls high jump (west pits), boys high jump (east pits).  
boys long jump (open pit 10:00 to 11:15), girls long jump (11:30 to 12:45), 4 jumps each.  
boys and girls triple jump to follow the long jump, 4 jumps each.  
boys discus, girls to follow, 4 throws each.  
girls shot, boys to follow, 4 throws each.  
girls pole vault, boys to follow.
5. **11:30-** boys distance medley (800, 400, 1200, 1600), girls to follow - 1 heat each  
boys shuttle hurdles, girls to follow - 2 heats each  
boys 4x100 meter relays, girls to follow – 1 heat each  
boys freshmen MILE (1760 yds.) 2 runners per school, girls to follow – 1 heat each  
boys The MILE (1760 yds.) 2 runners per school, girls to follow – 1 heat each  
boys freshmen sprint medley (100, 100, 200, 400) girls to follow – 1 heat each  
boys sprint medley (100, 100, 200, 400) girls to follow – 1 heat each  
boys Throwers relay (4x100) girls to follow - 1 heat each  
Officials break if needed  
boys 4x800 meter relays, girls to follow – 1 heat each  
boys 4x200 meter relays, girls to follow – 1 heat each  
boys 4x400 meter relays, girls to follow - 1 heat each
6. Scoring will be 10-8-6-5-4-3-2-1
7. Trophies to the 1<sup>st</sup> and 2<sup>nd</sup> place boys' and girls' team.
8. Camps should be set up outside the fence of the track.
9. Bullpen will be just south of the stadium.
10. Concessions will be available at the north end of the track.
11. Awards (1<sup>st</sup> thru 3<sup>rd</sup> place) can be picked-up in the far west room of the Field House.
12. A full team in a field event is 3; if there is only 1 or 2 on a team, they can still compete in the field event and figure in the scoring.
13. No spikes are to be worn in the bleachers.
14. Have your throwers check in their implements at the throwing site before 9:30am..
16. It is recommended you bring your own starting blocks. Please have a holder when using blocks.
17. Coaches, if you have any questions please call the meet director John Knickel at 419-722-0559.